

ABORTION METHODS

Procedural

Medical

Gestational age*

between 5.0 and 14.6 weeks

Up to 9 weeks

Cost

Free

with Québec Medicare card

Free

with Québec Medicare card

Technique

Dilation, aspiration,
curettage

Mifépristone : stop the pregnancy
Misoprostol : expulsion

Where

Procedure done at the Centre

Medical appointment at the
Center then, expulsion at home

Efficacy rate

99%

+/- 95%

Appointments

One 2-3 hour appointment

Two mandatory appointments
At the Centre : 90 min
Phone follow-up : 15 min

Duration

Procedure takes
5 to 10 minutes

Expulsion : duration varies,
usually happens 30 minutes to
6h after taking the misprostol

Pain

Light to moderate cramping
during the procedure, rarely
severe

Moderate to severe cramping
during the expulsion

Pain management

Controlled by intravenous
medication. Dosage can be
adjusted during the procedure

Controlled by tablet
medication (pill)
Dosage cannot be adjusted

Bleeding

Lasting in average one week,
bleeding is less abundant than
menstruation

Lasting on average 10 to 16
days, bleeding is much more
abundant than menstruation

Accompagiment

Mandatory for your return home

Not mandatory

* if your gestational age is more than 15 weeks, you will be referred to another clinic